



## Boomers More Vulnerable to Hunger

*Baby Boomers and Beyond: Facing Hunger after Fifty* takes a close look at the unique health, economic and nutritional challenges of older adults between the ages of 50 and 64. This recent research study from Feeding America, with help from an AARP Foundation Grant, highlights how "pre-seniors" are more vulnerable to hunger than older seniors since they don't yet qualify for safety net programs like Medicare and Social Security. This research aims to explore the circumstances of older adults and their households who utilize the Feeding America network of food banks.

Find out how the Feeding America network helps adults over 50 facing hunger.

[LEARN MORE](#)

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# Kids Hungry for Apples, Carrots and Fresh Corn

Millions of children across America don't know the joy of eating fresh fruits and vegetables. They don't have access to healthy, nutritious foods because their parents are struggling to put enough food on the table. But farmers across America are ready to donate fresh produce now. But we urgently [need your help](#) to deliver it to food banks across the country before it spoils.

Act now and your gift can have twice the impact against summer hunger.

HELP NOW



# September is Hunger Action Month™

Each September, Feeding America and member food banks call on all Americans to take action in the fight against hunger in their communities. Opportunities abound to participate in this month-long movement: raise awareness by advocating to Congress; volunteer at your local food bank; wear orange to show your support and share it on your social networks.

What can you do to solve hunger this September?

GET INVOLVED



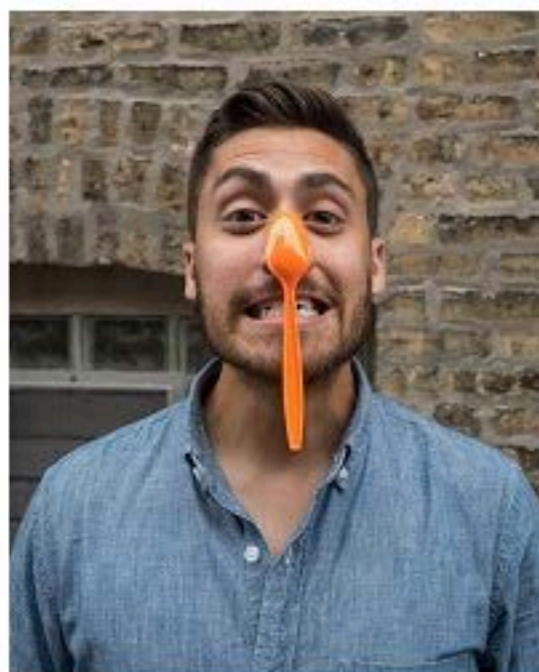


# It's Spooontember™!

Help us kick off Hunger Action Month and #Spoontember by donating a Facebook post or tweet on September 3, Hunger Action Day®, to raise awareness about the 1 in 6 people who face hunger in America.

Sign up for the Feeding America Hunger Action Day® Thunderclap now.

SIGN UP



## Produce For Kids® Healthy Eating Campaign Raises Money for Feeding America

The Produce for Kids campaign, which is supported by more than 35 participating fresh fruit and vegetable suppliers, runs April 24 through October 31st. At select nationwide grocery stores, customers will be encouraged to purchase nutritious fruits and vegetables, and in exchange, suppliers will make a donation to Feeding America and its member food banks.



An extension of this campaign is the *Power Your Lunchbox Pledge*, in which parents are asked to take a pledge to pack a healthier lunchbox. For every online pledge made between August 3 and September 18, lunchbox friendly companies supporting *Power Your Lunchbox Pledge* will make a \$1 donation to the Kids Cafe, Backpack program and Child Hunger Corps.

For more information, please visit [www.produceforkids.com](http://www.produceforkids.com) or [www.poweryourlunchbox.com](http://www.poweryourlunchbox.com).



## Meet Lesly: Budget-Savvy Mom of Four

Lesly shops carefully, cooks every meal—but it's still hard to make ends meet on her husband's salary.

MEET LESLY



## Let's Fight Child Hunger Together

Want a hunger-free America? Tell Congress to pass a strong child nutrition bill in 2015.

ACT NOW

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Find Us On



[FeedingAmerica.org](http://FeedingAmerica.org) , [Donate Now](#) , [Contact Us](#) , [Privacy Policy](#) , [Unsubscribe](#) ,

Feeding America is the nation's leading domestic hunger-relief charity. Our mission is to feed America's hungry



1 Donation Information 2 Donation Complete

## Your gift can have twice the impact!

In the summer months, Feeding America receives offers of donations of fresh produce. But we need your help to get these fresh fruits and vegetables into the hands of people in need.

Right now, with the \$25,000 Nationwide Foundation matching challenge, every dollar you give can multiply to help secure and distribute \$46 worth of fresh fruits, vegetables and other nutritious essentials through the Feeding America network of food banks. That means you can have twice the impact on helping children and families facing hunger.

Please use the secure form below to make your online donation.



### Gift Amount *(Required)*

☐ \$15 ☐ \$25 ☐ \$50 ☐ \$100 ☐ \$250 ☐ \$500

☐ Other Amount

### Your Impact

**\$1=\$46 worth  
of groceries**

For every dollar donated, the Feeding America network of food banks secures and distributes \$46 worth of groceries to people facing hunger.

### Our Impact

The Feeding America network leads the fight against hunger.



**46.5 million**  
people served



**3 billion**  
meals sourced



**800 million**  
pounds of  
produce delivered

\*Fiscal year 2015 annual results





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## Hunger Action Month™



September is Hunger Action Month™, when Feeding America and member food banks ask everyone in America to take action to fight hunger in their community, all month long. Hunger Action Month is your opportunity to join a movement that has a real and lasting impact on our effort to feed more Americans than ever before. Whether it's by advocating and raising awareness, making donations, or volunteering, you can find the way that's right for you to make a difference during Hunger Action Month. Together, we can solve hunger.

Join us in the fight to solve hunger

[SIGN UP](#)A large white banner with the "Feeding America" logo, featuring the word "FEEDING" in orange and "AMERICA" in green, with a stylized wheat stalk above the letter "I" in "FEEDING".

FEEDING  
AMERICA